



Mercy's Stroke Support Group

If you, a family member, or a friend has suffered a stroke, please join us in attending Mercy's Stroke Support Group. The group is facilitated by a Registered Nurse who currently works with stroke survivors and their caregivers. Group attendance is free and will include discussion, periodic presentations by outside speakers, and information and support from others on adjusting to lifestyle changes after stroke.

**Meetings are on the 3rd Tuesday of each month
11 a.m. to Noon
Mercy Learning Center
6007 Folsom Blvd., Suite 2000
Sacramento, CA**

For additional information, call (916) 537-5177
